# Transcript for: Ana Medina

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## **Credits Toward a Nutrition Certificate**

Earning a Nutrition Certificate requires the successful completion of 10 credits, distributed as follows: Required Courses - 4 credits; Elective Courses - 3 credits; Intensive Courses – 3 credits

## **Required Course Credits**

| Course Title  | Credits Earned | Date    |
|---|----------------|---------|
| Food Safety and Sanitation: From Preparation to Table | 1              | 8/31/10 |

Required Credits Earned: **1** 

Required Credits Still Needed to Earn a Certificate: 3

### **Elective Course Credits**

| Course Title  | Credits Earned | Date    |
|---|----------------|---------|
| Health Literacy on Wheels: MOW Volunteers Deliver Health Skills | 1              | 8/31/10 |
| Wellness Interventions for Older Adults at Senior Centers       | 1              | 9/2/10  |

Elective Credits Earned: 2

Elective Credits Still Needed to Earn a Certificate: 1

### **Intensive Course Credits**

| Course Title   | Credits Earned | Date   |
|--|----------------|--------|
| Effective Cost Management for Today's Economy - Part 1 | 3              | 9/2/09 |
| Effective Cost Management for Today's Economy - Part 2 |                | 9/2/09 |
| Using Data to Support Your Case                        | 3              | 9/3/09 |

Intensive Credits Earned: 6

Intensive Credits Still Needed to Earn a Certificate: 0

## **Credits Toward a Leadership Certificate**

Earning a Leadership Certificate requires the successful completion of 14 credits, distributed as follows: Required Survey Courses – 4 credits; Required Courses - 4 credits; Elective Courses - 3 credits; Intensive Courses – 3 credits

### **Elective Course Credits**

| Course Title                         | Credits Earned | Date   |
|--------------------------------------|----------------|--------|
| Developing a Strategy for the Future | 1              | 9/4/09 |

Elective Credits Earned: 1

Elective Credits Still Needed to Earn a Certificate: 2

### **Intensive Course Credits**

| Course Title  | Credits Earned | Date   |
|---|----------------|--------|
| Emotional Intelligence: The Key to Succession Management - Part 1 | 3              | 9/1/10 |
| Emotional Intelligence: The Key to Succession Managment - Part 2  |                | 9/1/10 |

Intensive Credits Earned: 3

Intensive Credits Still Needed to Earn a Certificate: 0

The Certificate curriculum consists of a combination of Required Courses, Elective Courses and Intensive Workshops in five professional communities: leadership, development, communications, volunteer management and nutrition. You can attend courses and earn a Certificate in multiple Sections.

In certain cases credits from an Intensive Workshop may be applied to meet the Elective credit requirement. Please see the full Center FAQs and Certificate Requirements, which are available on the MOWAA website: www.mowaa.org/center.



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Earning a Development Certificate requires the successful completion of 10 credits, distributed as follows: Required Courses - 4 credits; Elective Courses - 3 credits; Intensive Courses – 3 credits

### **Elective Course Credits**

Course Title

Web 2.0: Social Media for Non-profits

Credits Earned

1

Date 9/3/09

Elective Credits Earned: 1 Elective Credits Still Needed to Earn a Certificate: 2

The Certificate curriculum consists of a combination of Required Courses, Elective Courses and Intensive Workshops in five professional communities: leadership, development, communications, volunteer management and nutrition. You can attend courses and earn a Certificate in multiple Sections.

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