

A Caremanagers Perspective on Nutrition and Aging

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Brief Description:

This video combines present day knowledge on nutrition with strategies that are proven to work, as well as other ideas that can improve nutrition and health for the general public.

This submission was selected as part of a national challenge issued to leaders in all communities seeking new "best practices" and "best possibilities" for the future of nutrition and aging.

<http://youtu.be/jKokPGDKZk0>