# Measuring the effectiveness of your volunteer program

Meals On Wheels Association of America 2011 Annual Conference August 30, 2011

Stacey McKeever, MPH, MBA do good Consulting



#### Introductions

- Name and MOWAA chapter
- Role with Meals On Wheels
- One specific data strength and -
- One specific data challenge

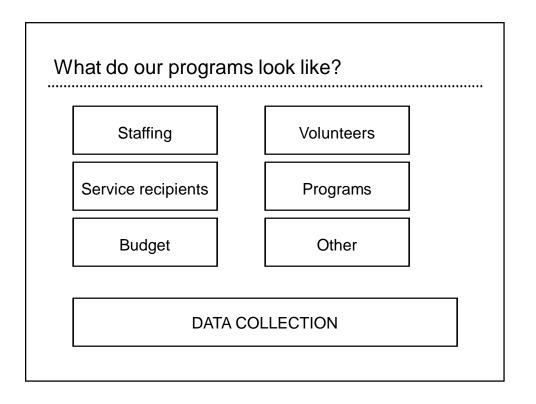
# Session objectives

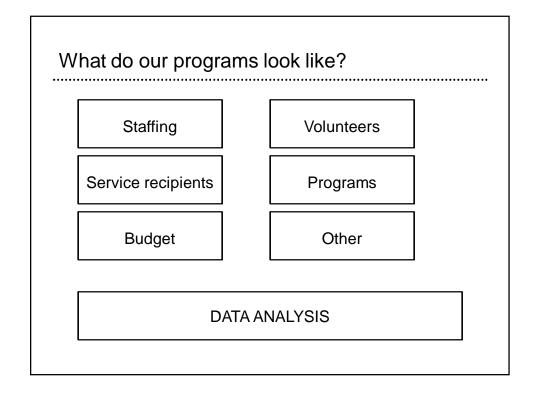
- Learn to collect volunteer program data
- Learn to analyze volunteer program data
- Learn to present volunteer program data

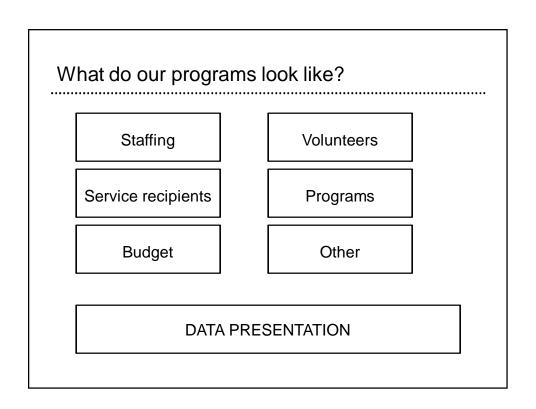
#### Session overview

- Overview of our programs
- Framework for planning our programs
- · Activity: program planning
- How to evaluate our programs
- Developing an evaluation plan
- Tips on sources and uses of data
- Tips of data analysis and presentation

What do our programs	look like?		
Staffing	Volunteers		
Service recipients	Programs		
Budget	Other		
GENERAL	OVERVIEW		







#### Measurement basics: impact

 Impact: change in the health, social and economic status of the population of interest through sector-specific contributions

#### Measurement basics: effects

• Effects: change in the knowledge, attitudes, skills, intentions, and/or behaviors of the population of interest that contributes to the desired impact

#### Measurement basics: outcomes

 Outputs: products and services that must be in place for the effects to be achieved

#### Measurement basics: activities

Activities: technical and support tasks required to produce the outputs

# Measurement basics: inputs

• Inputs: resources required to support your activities

# Putting it together

 This set of inputs and activities will result in these products and services [outputs], which will facilitate these changes in the population [effects], which will contribute to the desired impact.

# Activity: planning your program Inputs → Activities → Outputs → Effects → Desired Impacts

# Activity: planning your program

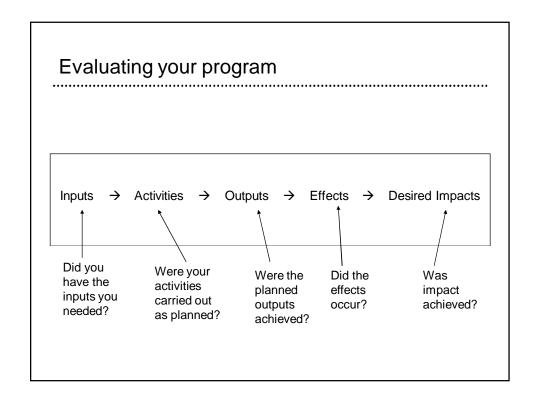
 This set of inputs and activities will result in these products and services [outputs], which will facilitate these changes in the population [effects], which will contribute to the desired impact.

#### **Evaluation status**

- Novice, intermediate or expert?
- Informal or systematic data collection?
- Qualitative, quantitative or both?

#### **Evaluation**

- Evaluation is a process
- Evaluation involves gathering information
- Gathered information can be qualitative, quantitative or both
- Evaluation is used to improve programs



# Evaluating your program: indicators

Inputs  $\rightarrow$  Activities  $\rightarrow$  Outputs  $\rightarrow$  Effects  $\rightarrow$  Desired Impacts

• Measure the links using indicators

#### **Output indicators**

Inputs  $\rightarrow$  Activities  $\rightarrow$  Outputs  $\rightarrow$  Effects  $\rightarrow$  Desired Impacts

- Output indicators measure products and services provided by the program, and the quality of these products and services.
- Usually, project records are the main source of information for output indicators.

#### **Output indicators**

Inputs  $\rightarrow$  Activities  $\rightarrow$  Outputs  $\rightarrow$  Effects  $\rightarrow$  Desired Impacts

- # of outreach staff trained
- % of trained outreach staff who received rating of "good" or "excellent" on final training exercise
- % of trained outreach staff who perform education and service responsibilities "well" or "very well"

#### **Output indicators**

Inputs  $\rightarrow$  Activities  $\rightarrow$  Outputs  $\rightarrow$  Effects  $\rightarrow$  Desired Impacts

- To [deliver / establish]
  - a [specific and quantified product or service]
  - by [health workers or system]
  - to [population of interest]
  - by [time frame]

#### Effects indicators

Inputs  $\rightarrow$  Activities  $\rightarrow$  Outputs  $\rightarrow$  Effects  $\rightarrow$  Desired Impacts

- Effect indicators measure the knowledge, attitudes, skills, intentions and behaviors of the population we are trying to help.
- requires measurement at the population level (such as with a community-based survey)

#### Effects indicators

Inputs → Activities → Outputs → Effects → Desired Impacts

- To reduce the proportion of asthmatic children in the project area who have visited an ER for asthma management in the prior 12 months to under 10% in 2 years.
- To increase the proportion of 6-11 year-old schoolchildren in the project area who can correctly identify 8 out of 10 'healthy' and 'non-healthy' foods from 30% to 80% by the end of the academic year.

#### Effect indicators

Inputs  $\rightarrow$  Activities  $\rightarrow$  Outputs  $\rightarrow$  Effects  $\rightarrow$  Desired Impacts

[# or %] of
 [population group of interest] who
 [know / believe / do]
 [specific knowledge / attitude / skill / behavior]

#### Effect indicators

Inputs  $\rightarrow$  Activities  $\rightarrow$  Outputs  $\rightarrow$  Effects  $\rightarrow$  Desired Impacts

To [increase / decrease]

the [specific knowledge, attitudes, skills,

behaviors]

among [specific population of interest]

from-to [from baseline to desired level]

or to [to standard level]

by [time frame]

#### Impact indicators

Inputs  $\rightarrow$  Activities  $\rightarrow$  Outputs  $\rightarrow$  Effects  $\rightarrow$  Desired Impacts

- Impact indicators measure the health, social or economic status of the population of interest.
- They are often rates or ratios and are virtually always population-based measures.

Program Monitoring and Evaluation Plan Suggested Format					
Objectives Note: Indicators for ALL bjectives must be presented	Indicator(s)	Source of data/ Data collection method	Frequency of collection/compilation	Comments	
ditional key outputs to measure					
d lines as needed					

# Sources of data

- · Volunteer databases
- Paper sign-up sheets
- Excel spreadsheets
- Focus groups
- Surveys
- One-on-one interviews
- Event sign up sheets
- Event organizing report
- Online hours logging tool
- Timesheet/timecard
- Volunteer event management application
- Telephone calls
- Document and record analysis

#### Uses of data

- Share with board
- · Share with staff
- Share with funders
- Use to improve program effectiveness
- Use to improve volunteer experience
- Use to improve service recipient experience
- Organizational strategy
- Staffing decisions
- · Budget decisions
- Show community support
- · Design targeted recruitment and retention strategies

#### Creating a data analysis plan

- Establish a baseline for benchmarking
- Establish goals for each quarter/year
- · Establish a timeline for collecting and reporting
- Determine how to use them for internal purposes
- Create committees
- Define, define, define
- Be consistent

# Presenting your data

- Use charts, graphs and maps
- Incorporate quantitative and qualitative data
- Compare data historically
- Show progress against baselines
- Use timelines to show progress
- Use quotes, stories and pictures

# Action planning

- Where
- What
- Who
- Why
- When



# For more information:

do good Consulting
201 West Green Street
Urbana, IL 61801
217-778-1687
dogood@dogoodconsulting.org
www.dogoodconsulting.org