

# Perspectives on Nutrition and Aging

## *A National Summit*



*Hosted by the  
Administration on Aging-Meals On Wheels  
Association of America National Resource Center  
on Nutrition and Aging*

August 23, 2012 Gaylord National Harbor Hotel  
National Harbor, MD – near Washington, DC

By 2045, for the first time in human history, there will be more seniors than children in the world. This National Summit is a unique opportunity to explore the unprecedented challenges and opportunities that emerge at the intersection of nutrition and aging, as we approach this turning point.

**Join with leaders and experts from the aging network, government, academia, healthcare and other sectors to anticipate, innovate and prepare for far-reaching health, economic and social consequences – and the future of nutrition services.**

### ***Perspectives that Shaped the Present***

#### ***Celebrating 40 Years of OAA Nutrition Programs***



Since the landmark addition of the Nutrition Program to the Older Americans Act in 1972, thousands of community-based Senior Nutrition Programs across the United States have served over 8 billion nutritious meals and helped millions of seniors maintain their independence.

The National Summit will celebrate this 40<sup>th</sup> Anniversary by examining the rich history of Senior Nutrition Programs through the eyes of the leaders who directly shaped the evolution of this program. A panel comprised of former Assistant Secretaries for Aging will discuss past milestones as a launch pad for predicting the future of senior nutrition services.



#### **Opening Keynote Speaker:**

**Kathy Greenlee, JD**, Administrator, Administration for Community Living and Assistant Secretary for Aging.

#### **Confirmed Speakers:**

- **Jeanette C. Takamura, PhD**, former Assistant Secretary for Aging
- **Josefina Carbonell**, former Assistant Secretary for Aging
- **Carol O'Shaughnessy, MA**, Principal Policy Analyst, National Health Policy Forum

## ***Perspectives on Aging Critical Trends in a Changing World***

Unprecedented demographic shifts are already impacting the fundamental structure of our healthcare system and economy – and our collective understanding of home and community. A panel of experts will examine the future of aging from three perspectives: philanthropy, technology and health. Together, we will shed light on the emerging opportunities and challenges that will shape the senior nutrition services of tomorrow.

### **Confirmed Speakers:**

- **Mary Jane Koren**, MD, MPH, Vice President, Picker/Commonwealth Fund Long-Term Quality Improvement Program, The Commonwealth Fund
- **David Lindeman**, PhD, Director, Center for Technology and Aging
- **Robyn Stone**, Dr. PH, Executive Director, Leading Age Center for Applied Research

## ***Perspectives on Nutrition Connecting Food, Health and the Future***

The evidence is clear: Proper nutrition improves the health, self-sufficiency and quality of life of seniors. Yet, many questions remain. How can we best respond to the simultaneous increases in both obesity and hunger? How can we promote healthy food choices among seniors with increasingly diverse needs and expectations? How should nutrition services integrate with other systems?

In this capstone panel, we will look to build on the 40 years of groundwork set by OAA Nutrition Programs by exploring cutting-edge research and new directions in senior nutrition.



### **Keynote Speaker**

**David Katz**, MD, MPH, Director and Co-Founder, Yale Prevention Research Center

### **Confirmed Speakers:**

- **Robert Post**, PhD, Deputy Director, USDA Center for Nutrition Policy and Promotion
- **Gordon Jensen**, MD, PhD, Professor and Head, Department of Nutritional Sciences, Pennsylvania State University
- **Robert M. Russell**, MD, Professor Emeritus of Medicine and Nutrition, Tufts University
- **Linda Myers**, PhD, Director, Food and Nutrition Board, Institute of Medicine

## ***Your Perspective New Challenges and Opportunities***

Throughout the Summit, we will hear from a wealth of diverse voices selected as part of a national challenge issued to leaders in all communities. Be prepared to hear about transformative new “best practices” and “best possibilities” for the future of nutrition and aging, gathered from across the country.

## ***Preliminary Agenda***

9:00 a.m. – 9:30 a.m. **Welcome and Opening Session**

*Keynote Speaker:* **Kathy Greenlee**, Administrator, Administration for Community Living and Assistant Secretary for Aging

9:30 a.m. – 10:30 a.m. **Panel: Perspectives that Shaped the Present. Celebrating 40 Years of OAA Nutrition Programs.**

10:40 a.m. – 11:30 a.m. **Your Perspective: New Challenges and Opportunities (Part 1)**

11:30 a.m. – 12:30 p.m. **Panel: Perspectives on Aging. Critical Trends in a Changing World.**

12:30 p.m. – 2:00 p.m. **Keynote Lunch**

*Keynote Speaker:* **Dr. David Katz**, Director and Co-Founder, Yale Prevention Research Center

2:15 p.m. – 2:45 p.m. **Your Perspective: New Challenges and Opportunities (Part 2)**

2:45 p.m. – 3:45 p.m. **Panel: Perspectives on Nutrition. Connecting Food, Health and the Future.**

3:45 p.m. – 4:00 p.m. **Closing Session**

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## **REGISTRATION & INFORMATION**

Please register online at <http://summit.nutritionandaging.org>

*A \$50 per person registration fee will grant you admission to all Summit sessions, including a keynote lunch and session materials.*

*Admission to this event is included in registration for the 2012 MOWAA Annual Conference. If you are registered for the MOWAA Conference you do not need to register separately for this event.*

### **VENUE INFORMATION**

Gaylord National Harbor Hotel | 201 Waterfront Street | National Harbor, MD 20745  
(A few minutes from downtown DC)

We have reserved a room block for Summit attendees, with a discounted rate of \$149 (\$134 + resort fee). For reservation information, please visit:

<http://summit.nutritionandaging.org/hotel>

### **NETWORKING AND VENDOR EXPO**

All registrants are invited to the 2012 MOWAA Common Goods Expo and happy hour immediately following the Summit, from 4:00 p.m. to 7:00 p.m. We hope you will join us and enjoy the opportunity to network, continue the day's dialogue and explore the products and services of leading industry vendors.